

# CHEW ON THIS!

Chew contains at least **28** chemicals known to cause **CANCER** and up to **TWICE** the amount of **NICOTINE** as a cigarette.

Chew is **NOT** a **safe** alternative to cigarettes. **THOUSANDS** of spit tobacco users **DIE** from oral cancer every year. More than **HALF** of those diagnosed with oral cancer **DIE** within 5 years



**THROUGH WITH CHEW WEEK:**  
Feb. 21-27, 2016

**Join the GREAT AMERICAN SPIT-OUT:**  
Feb. 25, 2016

**FREE SERVICES TO HELP YOU QUIT:**  
[Pa.quitlogix.org](http://Pa.quitlogix.org)  
**1-800-QUIT-NOW**  
**LOCAL QUIT COACH**  
**814.758.1919**

